

MARCH 2025

Regis Middle/High School Meals
Grab N' Go Breakfast and Lunch



This Institution is an equal opportunity provider. Menus are subject to change

Monday

Grab N' Go **3**
*Minni Cinni's/Cheese Stick
100% Juice and Fresh Fruit
Lunch
*Mozzarella Dippers w/Pizza Sauce
Baked Beans
Cucumber Slices
Warm Apple Slices/Fresh Apple

Grab N' Go **10**
*Breakfast Bread/Cheese Stick
100% Juice and Fresh Fruit
Lunch
*Chicken Nuggets w/ Breadstick
Whipped Potatoes
Cherry Tomatoes/Cucumber Slices
Mixed Fruit/Orange Wedges

No School **17**

Grab N' Go **24**
*Breakfast Bread/Cheese Stick
100% Juice and Fresh Fruit
Lunch
*Chicken Patty on a Bun
Baked Tator Tots
Baby Carrots/Green Peas
Chilled Pears/Fresh Apple

Grab N' Go **31**
*Minni Cinni's/ Cheese Stick
100% Juice and Fresh Fruit
Lunch
*Cheese Quesadilla
Baked Potato Rounds
Mixed Vegetables
Applesauce/Orange Wedges

Tuesday

Grab N' Go **4**
*Muffin Yogurt/100% Juice and
Fresh Fruit
Lunch
*Cheeseburger on a Bun
Sweet Potato Fries
Baby Carrots
Banana/Chilled Peaches

Grab N' Go **11**
*Benefit Bar Yogurt/100% Juice and
Fresh Fruit
Lunch
*Soft Shell Beef Tacos
Lettuce/Tomato/Salsa
Refried Beans/Spanish Rice
Chilled Pears/Fresh Apple

No School **18**

Grab N' Go **25**
*Benefit Bar Yogurt/100% Juice and
Fresh Fruit
Lunch
*Mac & Cheese w/ Breadstick
Whole Kernel Corn
Cucumber Slices
Mandarin Oranges/Banana

Wednesday

Grab N' Go **5**
*Cereal Bowls or Breakfast Bar
Combo Kits and Fruit
Lunch
*Pizza Hut Pizza Cheese Only
Tossed Salad
Broccoli/Cauliflower
Mixed Fruit/Orange Wedges

Grab N' Go **12**
*Cereal Bowls or Breakfast Bar
Combo Kits and Fruit
Lunch
*Pizza Hut Pizza
Cheese or Pepperoni
Tossed Salad/Carrots/Celery Sticks
Chilled Peaches/Melon Wedges

No School **19**

Grab N' Go **26**
*Cereal Bowls or Breakfast Bar
Combo Kits and Fruit
Lunch
*Pizza Hut Pizza
Cheese Or Pepperoni
Tossed Salad/Celery Stick/Tomatoes
Applesauce/Orange Wedges

Thursday

Grab N' Go **6**
*UBR Bar Cheese Stick/100% Juice
and Fresh Fruit
Lunch
*Chicken Smackers
Baked Potato Wedges/Green Peas
Mandarin Oranges/Kiwi
Sugar Cookie

Grab N' Go **13**
*Pop Tart/Cheese Stick
100% Juice and Fresh Fruit
Lunch
*Spaghetti w/ Meat Sauce and Breadstick
Green Beans
Broccoli
Pineapple Tidbits/Fresh Apple

No School **20**

Grab N' Go **27**
*Pop Tart/Cheese Stick
100% Juice and Fresh Fruit
Lunch
*Baked Mini Corn Dogs
Broccoli Florets
Baked Beans
Chilled Peaches/100% Grape Juice

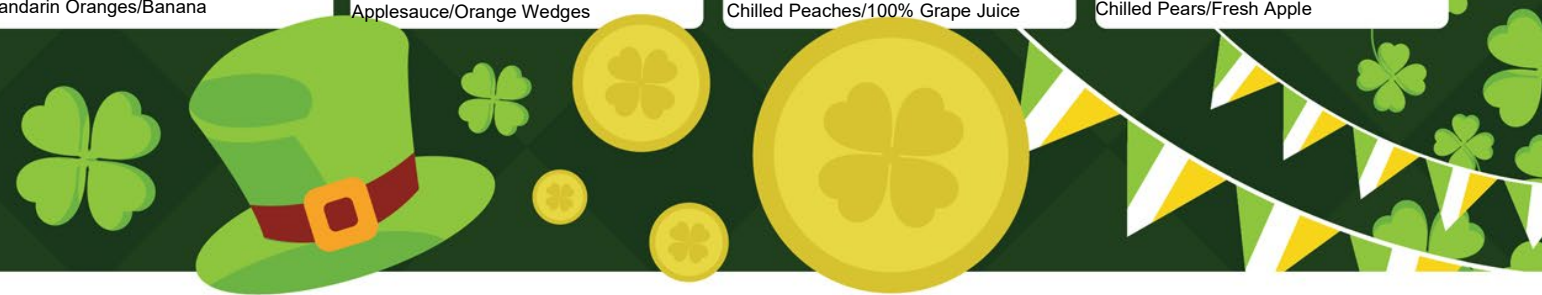
Friday

Grab N' Go **7**
*Cereal Bowls or Breakfast Bar
Combo Kits and Fruit
Lunch
*Fish Sticks on a Bun
Baby Carrots/Whole Kernel Corn
Green Beans
Chilled Pears/Fresh Apple

Grab N' Go **14**
*Cereal Bowls or Breakfast Bar
Combo Kits and Fruit
Lunch
*Yogurt w/ Pancakes
Baked Hash Brown
Baby Carrots
Strawberries/100% Orange Juice

No School **21**

Grab N' Go **28**
*Cereal Bowls or Breakfast Bar
Combo Kits and Fruit
Lunch
*Mozzarella Dippers
Tossed Salad/Tomato Soup
Baby Carrots
Chilled Pears/Fresh Apple



*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim