

JANUARY 2025

Regis Elementary Schools Meals
Grab N' Go Breakfast and Lunch

This Institution is an equal opportunity provider. Menus are subject to change.



Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL 1

Grab & Go 6
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Baked Chicken Nuggets
Baked Beans
Broccoli Florets
Mandarin Oranges/Fresh Apple

Grab & Go 7
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Spaghetti w/ Meat Sauce
Baked Seasoned Fries
Green Beans/Baby Carrots
Grapes/Chilled Applesauce

Grab & Go 8
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Pizza Hut Pizza
Cheese or Pepperoni
Tossed Salad/Celery Sticks
Chilled Peaches/Orange Wedges

Grab & Go 2
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Sausage, Egg, Cheese on English Muffin
Green Beans
Broccoli
Pineapple Tidbits/Fresh Apple

Grab & Go 3
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Yogurt w/ Pancakes
Baked Hash Brown
Baby Carrots
Strawberries/Orange Juice

Grab & Go 13
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Baked Chicken Smackers
Whipped Potatoes
Baby Carrots/Cookies
Chilled Pears/Fresh Apple

Grab & Go 14
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Beef Walking Taco
Lettuce/Tomato/Cheese/Salsa
Seasoned Refried Beans/Cucumber Slice
Mandarin Oranges/Banana

Grab & Go 15
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Pizza Hut Pizza
Cheese or Pepperoni
Tossed Salad/Celery Sticks
Applesauce/Orange Wedges

Grab & Go 16
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Baked Mini Corn Dogs
Broccoli Florets/Red Pepper Strips
Hummus
Chilled Peaches/100% Grape Juice

Grab & Go 17
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Fish Sticks
Tossed Salad
Sweet Potato Fries/ Baby Carrots
Chilled Pears/ Fresh Apple

NO SCHOOL 20

Grab & Go 21
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Baked Chicken Nuggets
Baked Beans/Baked Seasoned Fries
Cucumber Slices
Applesauce/Chilled Pears

Grab & Go 22
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Pizza Hut Pizza
Cheese or Pepperoni
Tossed Green Salad/Cherry Tomatoes
Green Peas/Chilled Peaches/Fresh Apple

Grab & Go 23
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Beef Nacho Bar
Lettuce/Tomato/Salsa
Black Bean Salad
Mixed Fruit/ Orange Wedges

Grab & Go 24
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Mac & Cheese w/ Breadstick
Whole Kernel Corn/ Steamed Carrots
Seedless Grapes/ Pineapple Tidbits

Grab & Go 27
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Sloppy Joe on a Bun
Baked Beans/Broccoli Florets
Cucumber Slices
Warm Apple Slices/Fresh Apple

Grab & Go 28
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Chicken Patty on a Bun
Sweet Potato Fries/ Baby Carrots
Banana/Chilled Peaches

Grab & Go 29
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Pizza Hut Pizza
Cheese or Pepperoni
Tossed Salad/Cauliflower/Red Pepper Strip
Mixed Fruit/Orange Wedges

Grab & Go 30
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*Chicken Smackers
Baked Potato Wedges
Green Peas/Cookies
Mandarin Oranges/Kiwi

Grab & Go 31
*Cereal Bowls or
Breakfast Bar Combo Kits
Fruit
Lunch
*French Toast Sticks
Whole Kernel Corn
Green Beans
Chilled Pears/Fresh Apple

*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim

School Information Contact: Alexis Toledo at 715-830-2276 ext 2005 or email at atoledo@regiscatholicschools.com