

# DECEMBER 2024

## Regis Middle/High School Meals Grab n' Go Breakfast and Lunch



This institution is an equal opportunity provider. Menus are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Grab &amp; Go</b> <span style="float: right;">2</span></p> <p>Breakfast Bread Cheese sticks/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>*Chicken Smackers w/ Breadstick Baked Beans/Cherry Tomatoes Broccoli Florets 4 Mandarin Oranges/Fresh Apples</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">3</span></p> <p>Benefit Bar Yogurt/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>Hot Dog on a Bun Baked Seasoned Fries Green Beans/Baby Carrots Grapes/Chilled Applesauce</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">4</span></p> <p>Cereal Bowls or Breakfast Bar Combo Kits Fresh Fruit</p> <p><b>Lunch</b></p> <p>Pizza Hut Pizza Cheese or Pepperoni Tossed Salad/Celery Sticks Chilled Peaches/Orange Wedges</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">5</span></p> <p>Pop Tart Cheese Stick/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>Chicken Patty on a Bun Whipped Potatoes Green Peas/Cherry Tomatoes Kiwi/Strawberries</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">6</span></p> <p>Cereal Bowls or Breakfast Bar Combo Kits Fresh Fruit</p> <p><b>Lunch</b></p> <p>Mac &amp; Cheese w/ Breadstick Whole kernel Corn Sweet Potato Fries Mixed Fruit/Fresh Apple</p>
<p><b>Grab &amp; Go</b> <span style="float: right;">9</span></p> <p>Minni Cinni's Cheese Sticks/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>Ham Stacker on a Bun 5 Baked Tator Tots Baby Carrots Chilled Pears/Fresh Apple</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">10</span></p> <p>Muffin Yogurt/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>Walking Taco Beef or Chicken Lettuce/Tomato/Cheese/Salsa Seasoned Refried Beans /Cucumber Slices/Mandarin Oranges/Banana</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">11</span></p> <p>Cereal Bowls or Breakfast Bar Combo Kits Fresh Fruit</p> <p><b>Lunch</b></p> <p>Pizza Hut Pizza Cheese or Pepperoni Tossed Salad/Celery sticks/Tomatoes Applesauce/Orange Wedges</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">12</span></p> <p>UBR Bar Cheese Stick/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>Baked Mini Corn Dogs Broccoli Florets Red Pepper Strips/Hummus Chilled Peaches/100% Grape Juice</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">13</span></p> <p>Cereal Bowls or Breakfast Bar Combo Kits Fresh Fruit</p> <p><b>Lunch</b></p> <p>Toasted Cheese Sandwich Tomato Soup Tossed Salad/Baby Carrots Chilled Pears/Fresh Apple</p>
<p><b>Grab &amp; Go</b> <span style="float: right;">16</span></p> <p>Breakfast Bread Cheese Stick/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>Roast Pulled Pork w/ Dinner Roll Whipped Potatoes 1 Mixed Vegetables Applesauce/Mixed Fruit</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">17</span></p> <p>Benefit Bar Yogurt/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>Hot Dog on a Bun Baked Beans Cucumber Slices/Baby Carrots Chilled Pears/Cantaloupe Wedges</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">18</span></p> <p>Cereal Bowls or Breakfast Bar Combo Kits Fresh Fruit</p> <p><b>Lunch</b></p> <p>Pizza Hut Pizza Cheese or Pepperoni Tossed Salad/Cherry Tomatoes Green Peas/Chilled Peaches/Fresh Apple</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">19</span></p> <p>Pop Tart Cheese Stick/100% Juice Fresh Fruit</p> <p><b>Lunch</b></p> <p>Nacho Bar Beef or Chicken Lettuce/Tomato/Salsa Black Bean Salad Mixed Fruit/Orange Wedge</p>	<p><b>Grab &amp; Go</b> <span style="float: right;">20</span></p> <p>Cereal Bowls or Breakfast Bar Combo Kits Fresh Fruit</p> <p><b>Lunch</b></p> <p>Cheese Quesadilla Salsa/Whole Kernel Corn Green Beans Chilled Pears/Fresh Apple</p>
No School <span style="float: right;">23</span>	No School <span style="float: right;">24</span>	No School <span style="float: right;">25</span>	No School <span style="float: right;">26</span>	No School <span style="float: right;">27</span>
No School <span style="float: right;">30</span>	No School <span style="float: right;">31</span>			

\*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim

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