

# APRIL 2025

Regis Middle/High School Meals  
Grab N' Go Breakfast and Lunch



This institution is an equal opportunity provider. Menus are subject to change

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**NO SCHOOL** 7

**Grab N' Go** 1  
\*Muffin Yogurt/100% Juice and Fresh Fruit  
**Lunch**  
\*Beef Nacho Bar  
Lettuce/Tomato/Salsa  
Black Bean Salad  
Mixed Fruit/Orange Wedges

**Grab N' Go** 2  
\*Cereal Bowls or Breakfast Bar  
Combo Kits and Fruit  
**Lunch**  
\*Pizza Hut Pizza Cheese or Pepperoni  
Tossed Green Salad  
Cherry Tomatoes/Green Peas  
Chilled Peaches/Fresh Apple

**Grab N' Go** 3  
\*UBR Bar Cheese Stick/100% Juice and Fresh Fruit  
**Lunch**  
\*Chicken Smackers  
Baked Beans  
Cucumber Slices  
Cantaloupe Wedges/ Chilled Pears

**Grab N' Go** 4  
\*Cereal Bowls or Breakfast Bar  
Combo Kits and Fruit  
**Lunch**  
\*Mac & Cheese w/ Breadstick  
Whole Kernel Corn  
Baby Carrots  
Seedless Grapes/Pineapple Tidbits

**NO SCHOOL** 7

**Grab N' Go** 8  
\*Benefit Bar Yogurt/100% Juice and Fresh Fruit  
**Lunch**  
\*Chicken Patty on a Bun  
Sweet Potato Fries  
Steamed Carrots  
Banana/Chilled Peaches

**Grab N' Go** 9  
\*Cereal Bowls or Breakfast Bar  
Combo Kits and Fruit  
**Lunch**  
\*Pizza Hut Pizza Cheese or Pepperoni  
Tossed Salad  
Broccoli/Cauliflower  
Mixed Fruit/Orange Wedges

**Grab N' Go** 10  
\*Pop Tart/Cheese Stick  
100% Juice and Fresh Fruit  
**Lunch**  
\*Chicken Nuggets  
Baked Potato Wedges  
Green Peas/Baby Carrots  
Mandarin Oranges/Kiwi

**Grab N' Go** 11  
\*Cereal Bowls or Breakfast Bar  
Combo Kits and Fruit  
**Lunch**  
\*Mozzarella Dippers w/ Pizza Sauce  
Salsa/Whole Kernel Corn  
Green Beans  
Chilled Pears/Fresh Apple

**Grab N' Go** 14  
\*Minni Cinni's/ Cheese Stick  
100% Juice and Fresh Fruit  
**Lunch**  
\*Cheeseburger on a Bun  
Whipped Potatoes  
Cherry Tomatoes  
Mixed Fruit/Orange Wedge

**Grab N' Go** 15  
\*Muffin Yogurt/100% Juice and Fresh Fruit  
**Lunch**  
\*Beef Soft Shell Tacos  
Lettuce/Tomato/Salsa  
Refried Beans/Spanish Rice  
Chilled Pears/Fresh Apple

**Grab N' Go** 16  
\*Cereal Bowls or Breakfast Bar  
Combo Kits and Fruit  
**Lunch**  
\*Pizza Hut Pizza Cheese or Pepperoni  
Tossed Salad  
Carrots & Celery Sticks  
Chilled Peaches/Melon Wedges

**Grab N' Go** 17  
\*UBR Bar Cheese Stick/100% Juice and Fresh Fruit  
**Lunch**  
\*Baked Mini Corn Dogs  
Green Beans  
Broccoli  
Pineapple Tidbits/Fresh Apple

**NO SCHOOL** 18

**NO SCHOOL** 21

**Grab N' Go** 22  
\*Benefit Bar Yogurt/100% Juice and Fresh Fruit  
**Lunch**  
\*Cheese Quesadilla  
Baked Seasoned Fries  
Green Beans/Baby Carrots  
Grapes/Chilled Applesauce

**Grab N' Go** 23  
\*Cereal Bowls or Breakfast Bar  
Combo Kits and Fruit  
**Lunch**  
\*Pizza Hut Pizza Cheese or Pepperoni  
Tossed Salad/Celery Sticks  
Chilled Peaches  
Orange Wedge

**Grab N' Go** 24  
\*Pop Tart/Cheese Stick  
100% Juice and Fresh Fruit  
**Lunch**  
\*Sausage, Egg and Cheese on a Bun  
Baked Tator Tots  
Tossed Salad/Cucumber Slices  
Kiwi/Strawberries

**Grab N' Go** 25  
\*Cereal Bowls or Breakfast Bar  
Combo Kits and Fruit  
**Lunch**  
\*Fish Sticks on a Bun  
Whole Kernel Corn  
Sweet Potato Fries  
Mixed Fruit/Fresh Apple

**Grab N' Go** 28  
\*Minni Cinni's/ Cheese Stick  
100% Juice and Fresh Fruit  
**Lunch**  
\*Mozzarella Dippers w/ Pizza Sauce  
Tossed Salad  
Celery Sticks/Tomatoes  
Chilled Pears/Warm Apple Slices

**Grab N' Go** 29  
\*Muffin Yogurt/100% Juice and Fresh Fruit  
**Lunch**  
\*Beef Walking Taco  
Lettuce/Tomato/Cheese/Salsa  
Seasoned Refried Beans  
Cucumber Slices  
Mandarin Oranges/Banana

**Grab N' Go** 30  
\*Cereal Bowls or Breakfast Bar  
Combo Kits and Fruit  
**Lunch**  
\*BBQ Pulled Pork Sandwich  
Baked Seasoned Fries  
Baby Carrots  
Applesauce/Orange Wedge

\*Milk is offered with all meals & includes a choice of White Skim or Chocolate Skim